

**Today's Fitness - Joanne Collins Group X-Director**

27 Normac Road, Woburn, MA 01801

[www.todays-fitness.net](http://www.todays-fitness.net)

RESERVATIONS FOR ALL CLASSES ONLY CAN BE MADE 36 HOURS IN ADVANCE VIA [WWW.SUPERSAAS.COM](http://WWW.SUPERSAAS.COM)

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
7:00-8:00am CoreBarre Emily King	7:30-8:30am HIIT w/ Muscle Joanne C.	7:30-8:30am Muscle Strength Michele D.	7:30-8:30am CoreBarre Jane M	7:30-8:00am Cardio Kickbox Joanne C.	7:30-8:30am Kick-Tabata w/Muscle Kerri P	8:15-9:15am Kickbox w/Core Joanne C.
5:15-6:00pm Kickbox HIIT w/Muscle Kim C.	5:30-6:30pm PIYO Kristin B.	5:30-6:30pm HIIT & Muscle Jen Barry	5:30-6:30pm CoreBarre Danika R.			